

Schedule Baseball 2019 ISG/DBV Convention

Friday, 11 January

| Time | Speaker | Topic |
|-------------|---------------|---|
| 18.30 | Tom O'Connell | Begrüßung |
| 18:45–19.30 | Stefan Müller | Warm-Up & In-Season Conditioning |
| 19:40–20:25 | Ryan Sienko | Serve2 Lead – Creating Leaders behind the Plate |
| 20:30-21:15 | Don Sneddon | Drills for games and Practice |

Saturday, 12 January

| Time | Speaker | Topic |
|-------------|----------------------|--|
| 09:30-10:15 | Clemens Cichocki | Trainingsplanung |
| 10:20-11:05 | Don Sneddon | Coaching your Coaches |
| 11:15-12:00 | Steve Janssen | Pitching Pt 1 |
| 12:05-12:50 | Chris Howard | Hitting Pt 1 |
| 13:00-14:00 | Mittagessen | |
| 14:00-14:45 | Stefan Müller | Off-Season Strength & Conditioning |
| 14:50-15:35 | Deutsche Sportjugend | Kindeswohl mit Schwerpunkt sexualisierter Gewalt |
| 15:40-16:25 | Deutsche Sportjugend | Kindeswohl mit Schwerpunkt sexualisierter Gewalt |
| 16:35-17:20 | Ryan Sienko | Creating Elite Receivers - Advanced Receiving Techniques |
| 17:30-18:15 | All | Hot Stove |

Sunday, 13 January

| Time | Speaker | Topic |
|-------------|----------------|--|
| 09:30-10:15 | Chris Howard | Hitting Pt 2 |
| 10:20-11:05 | Ryan Sienko | Catcher Throwing Techniques and Drills |
| 11:15-12:00 | Steve Janssen | Pitching Pt 2 |
| 12:05-12:50 | Fabian Arimond | Baseball Psychology (DBV Verbandskonzeption) |
| 13:00-14:00 | Mittagessen | |
| 14:00-14:45 | Don Sneddon | TBD |
| 14:50-15:35 | Tom O'Connell | Creating a winning Culture |
| 15:45-16:00 | Tom O'Connell | Verabschiedung |