



DEUTSCHER BASEBALL UND
SOFTBALL VERBAND E.V.



ISG BASEBALL
Making baseball better ... one coach at a time

Schedule ISG/DBV Baseball Clinic 2019

Location: Haus des Sports / DOSB, Seminarraum Arena, Otto-Fleck-Schneise 12, 60528 Frankfurt am Main

Friday, 11 January

Time	Speaker	Topic
18.30	Tom O'Connell	Begrüßung/Welcome
18:45-19.30	Stefan Müller	Warm-Up
19:40-20:25	Ryan Sienko	Serve2 Lead – Creating Leaders behind the Plate
20:30-21:15	Don Sneddon	Drills for games and Practice

Saturday, 12 January

Time	Speaker	Topic
09:30-10:15	Ryan Sienko	Catcher Throwing Techniques and Drills
10:20-11:05	Don Sneddon	Coaching your Coaches
11:15-12:00	Steve Janssen	Pitching Pt 1
12:05-12:50	Chris Howard	Hitting Pt 1
13:00-14:00	Mittagessen / Lunch	
14:00-14:45	Stefan Müller	Off-Season und In-Season Strength & Conditioning
14:50-15:35	Deutsche Sportjugend	Kindeswohl mit Schwerpunkt sexualisierter Gewalt
15:40-16:25	Deutsche Sportjugend	Kindeswohl mit Schwerpunkt sexualisierter Gewalt
16:35-17:20	Ryan Sienko	Creating Elite Receivers - Advanced Receiving Techniques
17:30-18:15	All	Hot Stove

Sunday, 13 January

Time	Speaker	Topic
09:30-10:15	Chris Howard	Hitting Pt 2
10:20-11:05	Clemens Cichocki	Trainingsplanung
11:15-12:00	Steve Janssen	Pitching Pt 2
12:05-12:50	Fabian Arimond	Baseball Psychology (DBV Verbandskonzeption)
13:00-14:00	Mittagessen / Lunch	
14:00-14:45	Don Sneddon	The Key to Winning is Solid Defense
14:50-15:35	Tom O'Connell	Creating a winning Culture
15:45-16:00	Tom O'Connell	Verabschiedung / Farewell