

# Building a Successful Career

DBV Umpires' Seminar

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Zdenek „Z“ Zidek

\* This is an inspiration, not a guide.

# My story

- Softball Career
- Switch to baseball - why?
  - How did I came up with this?
  - 2018
  - 2019

# Something that I figured out along the way

- It is all about your mindset.
  - How bad you want this?

# Mindset

- Why being motivated doesn't help
- Goal v. Identity
- Next level - obsession, drive

# Professional Evaluation

- You are being watched, but really.
  - How many Evals do you get?
  - How many chances are to fail?

# Here's what I came up with:

1. Be a Good Person.
2. Go to War With Yourself...
3. And Yourself Only.
4. Put Yourself in a Position to Succeed

# 1. Be a good person.

- The Only Friend of any Umpire?
- Professional Experience
- Relationship with your Evaluators.



## 2. Go to War with Yourself

- Start with Honesty.
- Call Yourself Out.
- Everyone wants to be a Winner.
- Be your own hero.
- Make mistakes. Make aggressive mistakes.

## 2. Go to War with Yourself

- Evaluation - self
  - Work on yourself.
  - Work with your partners.
  - Beware that we aren't all the same.
  - If you feel like you don't have anyone, don't hesitate to reach out to me. I am here for you.

### 3. AND fight yourself only.

- You're fighting your own battles
- Everyone is Unique
- Why watching TV will not get you anywhere.

# 4. Put Yourself in a Position to Succeed

- a) Overall Preparation
- b) Building Habits
- c) Excuses
- d) Don't be your own enemy

# a) Overall Preparation

- We don't rise to the level of our expectations, we fall to the level of our training.

# a) Overall Preparation

- Physical
- Technical
- Mental

## b) Building Habits

- Small things will accumulate over time.
- Commit to small steps every day.
- Some things cannot be achieved overnight

## c) Excuses

- No time.
- They are mean to me
  - i.e. victim's mentality
- Life is hard.



## d) Don't be your own enemy

- Be a good person. For real.
- Stick to your partners and defend them.
- Do not criticize behind someone else's back
- Social media

# At the end of the day...

- You and Your mind only...

# But Z is here to help you out

- +420 728 334 582
- +1(407)233-7693
- Zdenek.zidek.23@gmail.com
- Facebook MSG